## VIDYA DEVI JINDAL SCHOOL, HISAR

## REPORT OF VALUE EDUCATION SESSION ( CLASSES IX & X) AUG 18, 2021

Gratitude is a key that helps us move further in life. The session was very enriching and helpful as we discussed about the 'Power of Gratitude'. In our life at some point we all feel low and discouraged. In the session we discussed how to overcome this. We did an activiry in which we jotted down the things which we were grateful for. In order to achieve something we always have to be grateful then our potential will be tripled. If I had to explain this session in one word, it would be 'SUPERCALIFRAGILSTIC-EXPIALIDOCIOUS'

Take Away of the session Be positive in every situation. NEHA

Express your gratitude to all concerns. Shivanshi.

Try to find out positive qualities of all. Zeenat.

