



## Dining Hall Menu 1<sup>st</sup> October to 15<sup>th</sup> October 2021

Date/ Day	Morning Tea 5.00am	Breakfast 7.35am	Morning Ref. 10.35 Am	Lunch 1.40 Pm	Evening Ref: 5.05pm	Dinner 7.30pm	Night Milk
Friday 1/10/2021	Tea, Biscuits	Chocos, SoojiUpma Sambhar, Coconut Chutney , Milk	Chiwra Fry, Lemonade	Dal Yellow, Moong Dal MangodiAloo Matar, Plain Rice , Chapati, Ghiya Raita, Salad	Fruit	Buns,Cutlet, French Fries Tomato Garlic Chutney,Onion&Corn Salad, , Fruit Custard (Veg Khicdi/Curd/Pickle)	Warm Milk
Saturday 2/10/2021	Tea, Biscuits	Cornflakes, Poori Bhaji, Pickle, Milk , Tea	Banana /Milk	Dal Yellow Tadka, Kala Chana Dry, Plain Rice, Chapati, Namkeen Lassi, Salad	Hot Dog , Cold Coffee	Dal Arhar Chana Tadka, Arvi Aloo Masala , Rice , Chapati, SevianKheer	Coffee
Sunday 3/10/2021	Tea, Biscuits	Aloo pyaz Parantha, Plain Curd, Pickle, Butter, Tea	Milk, Cookies	Choley Kulche, Fried Green Chilli, Pickle, Sweet Lassi	Tuck	White Sauce Pasta, Garlic Toast , (Khicdi, Pickle, Curd) Rasogulla	Warm Milk
Monday 4/10/2021	Tea, Biscuits	Cornflakes, MethiThepla, Aloo Sabzi Dry, Tomato Sauce, Milk	Veg Patties (Sprouts), Aam Panna	Rajmah Rasilli, Aloo Tomato Shimla Rassa, Plain Rice, Chapati, Mix Veg Raita, Salad	Fruit	Dal Masoor Sabut, BaiganBhartaWithMatar, Plain Rice, Chapati, Zarda Pulao	Warm Milk
Tuesday 5/10/2021	Tea, Biscuits	Sooji Porridge, Veg. Pasta, Toasted Bread, Butter ,Jam, Cheese, Milk	Peanut Butter&Jam Sandwiches, Tea	Kadi Pakoda Aloo Jeera, Rice Chapati, Salad, Papad	Fruit	Veg. Manchurian, Veg.Noodles,Veg.Fried Rice,Chilly Paneer, Sweet Bun, Choco Bread Pudding (Veg Khicdi/Curd/Pickle)	Warm Milk
Wednesday 6/10/2021	Tea, Biscuits	Masala Oats, Cutlets, Toasted Bread, Butter Jam , Cheese Spread , Tomato Sauce, Milk	Corn Chat, Squash	Dal Panchmela, Kadhai Paneer, Plain Rice, Chapati, Kheera Raita, Salad	Fruit	Dal Yellow Tadka, Bhindi Masala, Plain Rice, Chapati, Shai Tukda with rabri	Warm Milk
Thursday 7/10/2021	Tea, Biscuits	Chocoflakes, Besan Chilla, Tomato Dhaniya Chutney, Tomato Sauce, Milk	Veg Springroll, Squash.	Dal Makhani ,Lauki Adraki Rice, Chapati, Kheera Raita, Salad	Fruit	Dal Mix Tadka, Malai Kofta, Plain Rice, Chapati, Rice Kheer Cold.	Warm Milk
Friday 8/10/2021	Tea, Biscuits	Masala Oats ,Onion Potato Sandwich Dal Kachauri, Aloo Rassa, ImliChutney, Milk	Sprouts, Squash	Kala Chana Tariwala, Karela Do Pyaza,Rice, Chapati, Salad, Sweet Lassi	Fruit	Onion &Kidney Beans Salad,Buns, Cutlet, Baked Spinach Corn,Tomato Garlic Dip, Fruit Custard (Veg Khicdi/Curd/Pickle)	Warm Milk
Saturday 9/10/2021	Tea, Biscuits	Cornflakes, Idli/ Vada Sambhar ,Coconut Chutney, Tomato Sauce , Milk	Bread Poha, Tea	Dal Masoor Sabut, Paneer Palak, Plain Rice, Chapati, Salad	Croissant	Dal ArharTadka, Aloo Pyaz Dry, Tomato Lehsun Chutney, Plain Rice, Chapati, Dry Sevian	Coffee
Sunday 10/10/2021	Tea, Biscuits	Aloo PyazParantha,Plain Curd , Butter , Pickle, Masala Tea	Milk, Cookies	Kabuli Choley, Peela Chawal, Boondi Raita, Pickle	Tuck	Veg Paneer Biryani, Onion Raita, Pickle, Besan Barfi	Warm Milk
Monday 11/10/2021	Tea, Biscuits	Cornflakes, Baked Dal Patties, Tomato Sauce, Milk	Samosa, Lemonade	Dal Maharani, Mix Veg Dry Plain Rice, Chapati, Sweet Lassi, Salad	Fruit	Dal Panchmela, Arvi Masala, ,Rice, Chapati , Sooji Halwa	Warm Milk
Tuesday 12/10/2021	Tea, Biscuits	Chocoflakes, Sevian Upma, Coconut Chutney, Tomato Sauce, Milk.	Kala Chana Chat Masala, Tea	Kadi Pakoda Aloo Jeera, Rice Chapati, Onion Salad, Papad	Fruit	Dal Amritsari ( Urad Chana), Paneer Hyderabad, Rice , Chapati, Sweet Boondi	Warm Milk
Wednesday 13/10/2021	Tea, Biscuits	Masala Oats, Cutlets, Toasted Bread, Butter Jam , Cheese Spread , Tomato Sauce, Milk	Veg. Roll, Squash	Dal Makhani, Kadhai Paneer, Plain Rice, Chapati ,Boondi Raita, Salad	Fruit	Dal MasoorSabut, Aloo Nutri Matar, Rice, Chapati, Gulab Jamun	Warm Milk
Thursday 14/10/2021	Tea, Biscuits	Cornflakes, MethiThepla, Aloo Sabzi Dry, Tomato Sauce, Milk	AjwainiFaine , Tea	Dal Moong D Masoor Sabut, AlooArvi Masala, Plain Rice, Chapati, Namkeen Lassi, Salad	Fruit	Dal Maharani, Dum Aloo, Rice, Chapati, Panjiri.	Coffee
Friday 15/10/2021	Tea, Biscuits	Porridge, Veg Poha, Lemon Wedge, Toasted Bread, Butter, Jam, Cheese,Tomato Sauce, Milk	Bhelpuri, Roohafza	Dal ArharTadka, Aloo GobhiTariwala, Plain Rice ,Chapati , Ghiya Raita, Salad.	Fruit	Buns,Cutlet, French Fries Tomato Garlic Chutney,Onion&Corn Salad, , Fruit Custard Veg Khicdi/Curd/Pickle	Warm Milk

Dining Hall Prefect

Catering Manager

MAO

Administrator

Principal