

# Faculty Development Programs

July 07-14, 2022

Post Summer-break, a Teachers Development Programme was organised for the staff from July 7–14, 2021 to equip them with new learnings and fresh approaches to impart holistic education to their pupils.

## 1. Self Care Programme for the Staff at ORC, Gurugram



It was indeed a fruitful program for me as it helped me to understand the benefits of meditation practically. I will definitely try to practice meditation in my daily life.

**Gunjan Kaushik**  
PGT PSYCHOLOGY



The two days Program at the ORC, Gurgaon, was a pleasant experience for me, as for three days we all were away from daily hustle and bustle and regular duties. We learnt to introspect and reflect upon ourselves, and how to concentrate. With a guided and pre-planned program of meditation and value talks, we are quite energized now. After many many years, we got time to interact and know our colleagues, refurbished our relationships and got a strong insight into the ‘whys’ and ‘whats’ of life.

**Abhijit Mukhopadhyay**  
PGT HISTORY

First of all, a big thank you to VDJS who gave me a chance to visit ORC, which echoes with positive energy. I got to know the actual meaning of self-love and the value of self-care. Om Shanti!

**Meera Chettri**  
ATHELETICS COACH

## 2. Book Review- 'Teacher Education'

Several sessions on the book review of CBSE's 'Teacher Education' were steered by a few staff members of the VDJS team. Through PPTs, group-thinking, and contemplation, various aspects of the profession of teaching like Reflective Teaching Practices, Cooperative & Collaborative Learning, Innovative Practices, E-Teacher Education and Value Education, Teacher Education as a Profession, Professionalism, Teacher Effectiveness, Role & Competencies of a Teacher, Teacher Effectiveness and Role and Competencies Required of the Teacher were looked at. These sessions benefitted and assisted the faculty in reconfiguring the modules and tools of an effective and inclusive Teaching-Learning Process. The sessions were conducted by the following staff:

- (i) Mr K.K. Jha, Ms. Erina Mehta, and Ms Mona Chaudhary
- (ii) Ms Seema Singh, Ms Aarti Pathak and Ms Indu Sharma
- (iii) Mr Raza, Ms Gunjan, Ms Anindita Sinha and Mr Gagandeep
- (iv) Mr Abhijit M, Mr Rishi Kumar & Ms Neha Sharma
- (v) Ms Shriya Bhalla , Mr Vinayak Mohan and Ms Sunita Verma



## 3. 'Happiness' & 'Habit Formation' by TFC

An orientation seminar on 'Happiness' & 'Habit Formation' was conducted by Talks For Change(TFC), a counseling platform. TFC offers customised workshops for students and staff by trained and industry experts to guide and train people with real-life experiences. The keynote speakers, Dr Gagandeep, Mr Raghav, Mr Geetanshu, and Mr Rishabh dwelt on topics like 'The Power of Habits', Importance of Habits and 'Habit Development program for Happiness' to enhance the human potential for a better personal and professional life. The session ended on a positive note, wherein the teachers were enlightened about how human beings are the result of their habits and how they can navigate their mindset to be happy and successful by growing happiness muscles and by keeping a check on emotions of sadness.



#### 4. Effective Use of Technology in TLP

A workshop on 'Effective Use of Technology' in the Teaching-Learning Process was conducted by Ms Seema Dhillon. She coached the staff about the use of two Chrome extensions i.e., 'Immersive Reader' and 'Insert Learning' to make the pedagogical strategies more effective. It was an enriching session, wherein the learners sharpened their IT skills with the help of hands-on experience activities and practical demonstration of the concepts.



#### 5. Connect 2 Learn

The orientation session was organised by Connect2Learn on 'Most Insightful Comprehensive Professional Development Program for School Educators' to equip the teachers to deal with the demands of the ever-evolving education system. Sighting the fundamental pillars of NED, the keynote speaker, Mr. Atul Nischal, addressed the need to undo the culture of rote memorization and the various competencies required for effective learning and assessment.

#### 6. Story Telling with Handmade Puppets

The session was organized by Mr. Abhimanyu to empower educators to make their subjects interesting for students with the help of Art. He emphasized and displayed different types of puppets like a finger puppet, stick puppet, object puppet, and a hand puppet to be used along with storytelling as it improves the communication, social, emotional, listening and creative skills of students.

Inclusive Pedagogy



#### 7. Inclusive Pedagogy

The session was conducted by Ms. Tanu Tiwari and Ms. Monica Sharma for the staff to highlight 'Inclusive Pedagogy' as a comprehensive pedagogical approach for school educators. Various dimensions of 'inclusiveness' like Inclusive Language, the Medical and Social Model, and Classroom Charter were deliberated, to promote the practice of communication, collaboration and creativity at the school level.



## 8. Formal Email Writing

The well-structured workshop was spearheaded by Mr. Rohit Sharma wherein he shared and elucidated on various email etiquettes, the formal and informal vocabulary, email replies, file attachments and requesting inquiries through email.



## 9. Procrastination and Time Optimization

The workshop was presided over by Ms. Ayushi Sharma and she addressed the reasons for procrastination, the concept of time and strategies for time optimization in detail with the help of digital presentation. The staff benefitted from the robust strategies of time management shared during the session.



## 10. Purchase & Finance

Ms Anjali Vashisht steered a talk on Finance Management to acquaint the staff with the need for E Nominations and the benefits of Health Insurance facilitated by the school.



## 11. Climate Reality Project

A six days Teachers Training Program was conducted from July 8-14 on Climate Change and Sustainability by Ms Neeru Bhushan and Ms Rekha Lalla, Green School Program Manager, under Green School Program by Climate Reality Project India Branch. The keynote speakers assisted with digital presentations and elaborate discussions delved into major foremost concerns about the climate, components of climate, factors affecting the climate, effects of degrading climate on our life and planet and what steps we can take to improve the climate and how we can inculcate these practices in young generation by changing our lifestyle and taking small steps. They further advocated the practices of involving the community outside the school to make the people aware of waste management, plantation, use of organic products, use of solar energy and water harvesting.

## 12. A Road Map to Implement Annual Pedagogical Plan (2022-23)

Ms. Bhagwanti Gupta Dean of Academics presented a road map of the Annual Pedagogical Plan (2022-23) to apprise the staff with the plan for its seamless execution. The four actionables embedded in the plan are Alternative Practices, Action Research on Assignments, Parents Connect and Faculty Development Programme. The standard operating procedure for each actionable will be shared with the staff.



### **13. Effective Mentoring**

The session was conducted by Ms Neelam Rai to brief and enlighten the staff about the Standard Operating Procedure to be followed in the dining hall to create an effective dining culture among the staff and the students.



### **4. POCSO**

The school counselor Ms. Aayushi Sharma and Ms. Neelam Rai sensitised the teachers about the POCSO act, which has been enacted to protect children from offences of sexual assault and provide Special Courts for the trial of such offences and related incidents.



### **15. Estates Services**

Mr. Kumar Raushan, the Estates Manager, briefed the staff about the objectives of Estates Services at VDJS. During the interactive session various matters related to cleanliness work, garbage disposal, water logging and whitewashing in the staff quarters were talked through. The Estates Manager assured swift action to redress the pending issues.