



Dining Hall Menu 16th September to 30th September 2022

Date/ Day	Morning Tea 5.00am	Breakfast 7.30 Am	Morning Ref. 11.05 Am	Lunch 1.35 Pm	Evening Ref: 4.15 Pm	Dinner 7.45 Pm	Night Milk
Friday 16/9/ 2022	Tea, Biscuits	Warm/ Cold Milk, Chocos, Poori , Bhaji, Pickle, Tea	Veg Roll, Thandai	Dal Arhar Moong, Matar Paneer Home Style, Plain Rice, Chapati, Mix Veg Raita, Salad	Fruit	Onion / Cabbage Salad, Tomato Garlic Dip, Cutlets, Baked Pasta, Buns, Butter, Sauce, Fruit Custard (Veg. Khicdi / Pl. Curd	Warm Milk
Saturday 17/9/2022	Tea, Biscuits	Warm /Cold Milk, Suji Porridge, Baked Beans, Toasted Bread , Butter , Jam	Peanut Butter Jam Sandwich, Cold Coffee	Mixed Dal ,Lauki Tarkari, Rice, Chapati, Boondi Raita, Salad	Fruit	Dal Maharani, Malai Kofta, Rice, Chapati, Ice Cream	Coffee
Sunday 18/9/2022		Aloo Pyaz Parantha, Plain Curd, Mix Pickle, Butter, Tea		Pav Bhaji, Boondi Raita, Pickle, Onion Chop, Lemon Wedge	Tuck	Naepolitaine Pasta, Garlic Toast, Tomato Sauce ,Banana Cake With Custard Sauce	Warm Milk
Monday 19/ 9/2022	Tea, Biscuits	Warm / Cold Milk, Porridge, Veg Poha With Bhujjya, Lemon Wedges, Tea	Samosa, Aam Panna	Dal Masoor Sabut, Mix Vegetable Tofu, Rice, Chapati, Sweet Lassi,, Mix Salad	Fruit	Dal Amritsari, Mushroom Matar Curry, Rice, Chapati, Rasogulla	Warm Milk
Tuesday 20/9/2022	Tea, Biscuits	Warm / Cold Milk, Masala Oats, Utthapam Sambhar, Coconut Chutney, Tea	Bread Poha, Jal Zeera	Kadi Pakora, Aloo Zeera, Rice , Chapati , Onion Salad Papad	Fruit	Dal Moong Malka, Shahi Matar Makhana, Rice, Chapati, Sevian Kheer	Warm Milk
Wednesday 21 /9/2022	Tea, Biscuits	Warm/ Cold Milk, Cornflakes, Vegetable Tofu Cutlets, Toasted Bread , Butter , Jam ,Tomato Sauce Tea	Bhulpuri, RoohAfza	Dal E Dum, Mixed Vegetable, Rice , Chapati , Boondi Raita, Salad	Fruit	Dal Panchmela ,Besan Gatta Curry, Rice ,Chapati , Ice Cream Cornetto Chocochip	Warm Milk
Thursday 22 /9/2022	Tea, Biscuits	Warm/ Cold Milk, Chocos, MethiThepla, AlooSabzi, Pickle, Tea	Soya Chunk Chat, Masala Chach	Rajmah Rassedar, Petha Khatta Meetha, Plain Rice, Chapati, Plain curd, Sugar, Mix salad	Fruit	Dal Amti, Bhindi Do Pyaza, Rice, Chapati, Panjiri	Warm Milk
Friday 23/9/ 2022	Tea, Biscuits	Warm/ Cold Milk, Porridge, Baked Beans, Herb Potato, Toasted Bread, Butter, Jam, Tea	Chana Chat, Masala Chach	Dal Masoor Sabut, Kadhai Tofu, Rice, Chapati , Mix Veg Raita, Mix Salad	Fruit	Onion / Corn Salad, Tomato Garlic Dip, Cutlets, French Fries, Buns, Butter, Sauce, Fruit Custard (Veg. Khicdi / Pl. Curd	Warm Milk
Saturday 24/9/2022	Tea, Biscuits	Warm/ Cold Milk, Cornflakes, Idli, Sambhar, Coconut Chutney, Tea	Pizza Roll, Orange Squash	Kala Chana Tariwala, Karela Do Pyaza, Rice, Chapati, Ghiya Raita, Mix Salad	Gol Gappe	Dal Arhar, Palak Kofta Rice ,Chapati , Ice Cream	Coffee
Sunday 25/9/2022		Aloo PyazParantha, Plain Curd, Mix Pickle, Butter, Tea		Choley ,Kulche, Pickle, Masala Chach, Onion Laccha, Fried Green Chilli	Fruit	Veg Dum Biryani, Onion Raita, Papad, Pickle, Choco Bread Pudding	Warm Milk
Monday 26/ 9/2022	Tea, Biscuits	Warm/ Cold Milk, Suji Porridge, Grilled Cucumber Tomato Sandwich, Tomato Sauce , Tea	Chiwra Fry, Aam Paanna	Dal Moong Palak , Mix Veg With Tofu, Rice, Chapati, Sweet Lassi, Mix Salad	Fruit	Dal Lasooni, Dum Aloo Banarasi, Rice ,Chapati , Nariyal barfi	Warm Milk
Tuesday 27 /9/2022	Tea, Biscuits	Warm / Cold Milk, Masala Oats, Suji Upma, Sambhar, Coconut Chutney, Tea	Dhokla ,RoohAfza	Kadi Pakoda, Aloo Zeera, Rice, Chapati, Onion Salad, Papad	Fruit	Dal Moong Malka Tadka, Aloo Nutri Matar , Rice, Chapati, Sweet Boondi, Fried Chilli	Warm Milk
Wednesday 28 /9/2022	Tea, Biscuits	Warm/ Cold Milk, Porridge, Beetroot Carrot Cutlets, Toasted Bread , Butter , Jam ,Tomato Sauce Tea	Kala Chana Chat, Tea.	Dal Dhaba, Cabbage Poriyal, Rice , Chapati , Ghiya Raita , Salad	Fruit	Dal Mughlai, Torai Masala, Rice , Chapati, Rasogulla	Warm Milk
Thursday 29 /9/2022	Tea, Biscuits	Warm/ Cold Milk, Cornflakes, Moong Dal Chilla, Tomato Dhaniya Chutney, Tomato Sauce, Tea	Ajwaine Faine, Tea	Dal Makhani, Aloo Shimla Latpata Rice, Chapati, Boondi Raita, Mix Salad	Fruit	Dal Moong Malka, Lauki Adraki, Rice, Chapati, Gulab Jamun	Warm Milk
Friday 30/9/ 2022	Tea, Biscuits	Warm/ Cold Milk, Chocos, Sevian Upma, Toasted Bread , Butter , Jam , Cheese Spread , Tomato Sauce , Milk	Sprouted Chaat ,Lemon Water	Dal Arhar Chana, Mangodi Ki Sabzi , Rice , Chapati , Plain Curd, Sugar , Mix Salad	Fruit	Veg Manchurian, Chilly Tofu, Veg Fried Rice, Veg Noodles, Sweet Bun, Ice Cream	Warm Milk

Catering Manager

MOA.

Administrator

Principal