



Dining Hall Menu 1st Oct to 15th Oct. 2022

Date/ Day	Morning Tea 5.00am	Breakfast 7.25 Am	Morning Ref. 10.45 Am	Lunch 1.55 Pm	Evening Ref: 4.15 Pm	Dinner 7.45 Pm	Night Milk
Saturday 1/10/2022	Tea, Biscuits	Masala Oats, Veg Poha With Bhujija, Lemon Wedges, Milk ,Tea	Coleslaw Sandwich, Coffee Cold	Chana Tariwala, Khatta Meetha Petha , Rice, Chapati, Boondi Raita, Salad	Fruit	Dal Maharani, Aloo Gobhi Matar , Rice, Chapati, Kachumber Salad , Fried Chilli, Sevian Kheer	Coffee
Sunday 2/10/2022		Aloo Pyaz Paratha, Plain Curd, Mix Pickle, Butter, Tea		Kabule Cholley , Onion Matar Pulao, Masala Chaanch, Onion Laccha, Papad	Tuck	White Sauce Pasta, Garlic Toast, Tomato Sauce , Choco Bread Pudding	Warm Milk
Monday 3/10/2022	Tea, Biscuits	Cornflakes, Poori Bhaji, Pickle, Tea	Bhelpuri , Squash	Dal Masoor Sabut, Subz Hara, Rice, Chapati, Masala Chaanch , Mix Salad	Fruit	Laganwali Dal, Aloo Bhindi Bhurjee , Rice, Chapati, Green Salad, Rasogulla	Warm Milk
Tuesday 4/10/2022	Tea, Biscuits	Suji Porridge, Baked Beans, Herb Potato , Toasted Bread , Butter , Jam, Cheese Spread Milk, Tea	Veg Roll ,Badam Thandai	Besan Gatta Curry, Aloo Anardana, Rice , Chapati, Onion Salad, Papad ,	Fruit	Dal Masoor Sabut,, Malai Kofta , Rice, Chapati, Sweet Boondi, Fried Green Chilli	Warm Milk
Wednesday 5/10/2022	Tea, Biscuits	Masala Oats, Uthappam Sambhar, Coconut Chutney,Milk, Tea	Chiwra Fry, Squash	Dal Amti, Matar Paneer Home Style, Rice , Chapati , Boondi Raita, , Salad	Fruit	Dal Panchmela ,Torai Masala , Rice ,Chapati , Corn Salad, Butterscoth Ice Cream	Warm Milk
Thursday 6/10/2022	Tea, Biscuits	Choco Flakes , Grilled Cucumber Tomato Sandwich , Tomato Sauce , Milk, Tea	Soya Chunk Chaat, Masala Chaanch	Rajma Rasilli ,Lauki Tamatar, Rice, Chapati, Plain Curd, Sugar, Mix Salad	Fruit	Dal Tadka Moong Malka, Dhingri(Mushroom) Matar , Rice, Chapati, Sabudana+ Makhana Kheer	Warm Milk
Friday 7/10/2022	Tea, Biscuits	Porridge, Methi Thepla , Aloo Dry Subzi , Tomato Sauce , Milk ,Tea	Muffin	Dal Bhukhara ,Kadhai Paneer , Rice, Chapati, Ghiya Raita, Mix Salad	Fruit	Dal Maharani, Cabbage Poriyal, Rice, Chapati, Panjiri	Warm Milk
Saturday 8/10/22	Tea, Biscuits	, Chocos, Veg. Pasta, Toasted Bread , Butter, Jam , Cheese Spread , Tomato Sauce , Milk, Tea	Corn Chaat, Lemon Water	Dal Arhar , Kale Chane Dry, Rice, Chapati, Boondi Raita, Mix Salad	Vada Pao	Dal Arhar, Palak Kofta Rice ,Chapati , Cucumber Salad Sooji Halwa	Coffee
Sunday 9/10/12		Aloo Pyaz Parantha,Plain Curd, Mix Pickle, Butter, Tea		Pav Bhaji , Onion Salad With Lemon, Dahipakori, Tamarind Chutney, Fried Green Chilli.	Tuck	Veg Khicdi, Plain Curd, Pickle,Papad, Ice Cream	Warm Milk
Monday 10/10/22	Tea, Biscuits	Milk, Cornflakes, Vegetable Cutlets, Toasted Bread, Butter, Jam, Tomato Sauce Tea.	Chana Chaat , squash	Dal Panchratan , Mix Veg With Tofu ,Rice, Chapati, Sweet Lassi, Mix Salad	Fruit	Dal Banjara, Karela Do Pyaza, Rice Chapati , Three Bean Salad , Gulab Jamun	Warm Milk
Tuesday 11/10/22	Tea, Biscuits	Masala Oats, Vada, Sambhar, Coconut Chutney, Milk ,Tea	Bread Poha, Squash	Kadi Pakora, Aloo Zeera, Rice , Chapati , Onion Salad Papad	Fruit	Dal Masoor Sabut Tadka, Paneer Butter Masala, Rice , Chapati Sweet Boondi	Warm Milk
Wednesday 12/10/22	Tea, Biscuits	Corn Flakes ,Besan Chilla , Aloo Ki Subzi (Dry) , Tomato Sauce , Milk, Tea	Sprouted Chaat ,Lemon Water	Dal Arhar Moong , Aloo Gobhiadraki , Rice , Chapati , Ghiya Raita , Salad	Fruit	Dal Mughlai, Methi, Matarmalai , Rice, Chapati, Rice , Garden Green Salad , Rice Kheer Cold	Warm Milk
Thursday 13/10/22	Tea, Biscuits	Masala Oats, Suji Upma, Sambhar ,coconut chutney , Milk, Tea	Peanut Butter Jam Sandwich , Cold Coffee	Dal Masoor Sabut, Aloo Nutri Matarrassa , Rice, Chapati , Masala Chacch, Mix Salad	Fruit	Dal Moong Malka, Arvi Masala, Rice, Chapati, Choco Bar Ice Cream	Warm Milk
Friday 14/10/22	Tea, Biscuits	Chocos, Sevian Upma, Toasted Bread , Butter , Jam , Cheese Spread , Tomato Sauce , Milk, Tea	Kala Chana Chaat, Tea	Dal Lobiya , Paneer Hyderabad , Rice , Chapati , Kheera Raita , Salad	Fruit	Onion +Corn Beans Salad, French Fries , Veg Cutlet , Bun, Tomato Garlic Salsa, Butter , Tomato Sauce , , Fruit Custard (Veg. Khichdi & Plain Curd)	Warm Milk
Saturday 15/10/22	Tea	Porridge , Potato Grilled Sandwich , Tomato Sauce , Pickle, Milk, Tea	Samosa , Tea	Dal Makhani , Aloo Tinda, rice , Chapati, Sweet Lassi , Mixed Salad	Gol Gappe	Lasooni Dal Tadka, lauki Tarkari , Rice , Chapati, Besan Barfi	Coffee

Catering Manager

MAO

Administrator

Principal