



VIDYA DEVI JINDAL SCHOOL, HISAR

REPORT OF ORC VISIT BY CLASS X STUDENTS (OCTOBER 15-16, 2022)

On 15th October, class X visited the Om Shanti Retreat Centre, Gurgaon. The stay was from 15th to 16th October. Children had a very good experience and learned about the importance of meditation and the right ways to do meditation, along with other morals and values and learnt skills of Self Empowerment. The aura of the centre was very calm, peaceful and tranquil. The campus consisted of meditation rooms, training centres, along with beautiful parks and lawns. The teachers who accompanied the group were, Ma'am Suman Arora, Ma'am Nisha, Ma'am Supriya, Sir Rishi, Sir Bishwanath, Sir Siddharth. The students got a chance to visit the beautiful ART GALLERY showing the growth and degradation of human race over the ages. All the sessions taken by BK sisters on attitude of gratitude, Knowing the self and self empowerment were very enriching. We all took a pledge to take care of our environment, practice empathy, kindness and brotherhood which was very heart touching. We enjoyed games which filled everyone with joy and happiness. The overall experience was incredible, full with extraordinary learnings. All the sessions given by the Brahma Kumari sisters were eye-opening and enlightening and every session was very much relished by all the students and teachers. We are very grateful to ma'am Principal, our escort teachers and BK Sisters for making this beautiful event as part of our learning journey.

SAMAIRA KAUR

TANVI RAJPURIA

WHAT DID THE STUDENTS SAY?

The experience was unexpectedly enlightening and I am very grateful for experiencing such a holy environment.

ADVIKA PRIYADARSHI

Om Shanti Education Trip taught us to be grateful for what we have and start maintaining silence which we never did.

TEHZEEB DALAL

My experience at ORC has brought relaxation and enlightenment to my mind.

NAVYA NIHARIKA

I am very happy to be part of such enriching experience.

PRIYANKA CHIKARA



It was great to know about the self as energy, the part of supreme energy.
VATSALA AGARWAL

