

National Sports Day-2022

A Mega Sports Quiz was organized by VDJS on the occasion of the National Sports Day on 29th August, 2022. The event was a collaborative initiative of the Department of Sports and the Department of Humanities and it commenced with an introductory tribute to Major Dhyan Chand. The contest comprised four teams and Team 4, led by Mr Dhrigpal won the coveted Finals and was awarded a trophy by Ma'am Principal, Ms Shalini Mehrotra.



National Sports Day was observed in school with great joy and gaiety on 29th August. The celebration began with a Taekwondo drill by members of the Support Staff. Their perfectly synchronised steps and energy as they followed the command of the instructor were a sight to behold. The main attraction was the tile breaking act by a few members. This was followed by fun games like Kho Kho for the Group D Staff and friendly matches of Soccer, Basketball and Volleyball between staff and students. Principal Ms Mehrotra appreciated the Didis and Bhaiyyas for the enthusiasm and discipline that they had shown during the practice sessions. A token of appreciation was given to those who had shown outstanding performance.

She reminded everyone of the need to prioritise health and fitness by making physical activities a part of the daily routine. It was a day marked with camaraderie and energy as every member of the school community joined in the celebration.

