



VDJS Dining Hall Menu 16th September TO 30th September 2025

Date/Day	Early Morning Ref.	Breakfast	Morning Ref.	Lunch	Evening Ref.	Dinner	Night Milk
16/09/2025 Tuesday	Sweet Bun	Warm / Cold Milk, Corn Flakes, Suji Upma , Sambar , Coconut Chutney , Tea	Paneer Calzone, Tea	Kadi Pakoda, Aloo Zeera ,Rice, Multigrain Chapati, Onion Salad , Papad	Fruit	Dal Arhar , Torai Masala , Rice , Multigrain Chapati , Sweet Boondi	Warm Milk
17/09/2025 Wednesday	Fruit	Warm / Cold Milk, Baked Beans, Jacket Potato, Tartare Sauce, Toasted Bread ,Butter, Jam , Tomato Sauce , Tea	Moong Dal Mangod i, Tea	Dal Panchmela, Matar Paneer Home Style, Rice, Kheera Tamatar Raita, Multigrain Chapati, Mix Salad	Fruit	Dal Begumi , Bhindi Do Pyaza , Rice Multigrain Chapati , Zarda Pulao	Warm Milk
18/09/2025 Thursday	Shakar para	Warm / Cold Milk , Choco Flakes, Baked Dal Patties, Chocoflakes, Aloo Bhaji, Tomato Sauce, Tea	Aloo Bonda, Chutney , Squash	Dal Makhani, , Mix Veg Dry, Rice, Cucumber Raita, Multigrain Chapati, Mix Salad	Fruit	Dal Punjabi Tadka , Gatta Curry Tomato Gravy , Rice , Multigrain Chapati , Rice Kheer	Warm Milk
19/09/2025 Friday	Fruit	Warm/ Cold Milk, Porridge, Cucumber Tomato Paneer Sandwich, Jowar Chat, Tomato Sauce, Tea	Soya Chunk Chat, Squash	Rajma Rassedar, Khatta Meetha Petha, Rice, Multigrain Chapati, Plain Curd, Mix Salad	Fruit	Veg ,Noodles Veg.Fried Rice, Chilly Paneer, Veg.Manchurian, Sweet Bun, Ice Cream (Veg Khicdi, Plain Curd, Pickle)	Warm Milk
20/09/2025 Saturday	Fruit	Warm / Cold Milk, Corn Flakes , Poori Bhaji , Suji Halwa , Pickle, Tea	Peanut Butter S/ W, Cold Coffee	Kala Chana Tariwala, Cabbage Poriyal,, Rice , Kheera Raita , Multigrain Chapati, Mix Salad	Stuff Kulche/ Tea	Dal Amritsari , Lauki Adraki , , Rice , Chapati , Choco Bread Pudding	Cold Coffee
21/09/2025 Sunday		Aloo Parantha , Plain Curd ,Butter , Pickle , Tea		Pao Bhaji , Boondi Raita, Pickle, Chop Onion, Fried Green Chilli	Tuck	Paneer Subz Biryani, Onion Raita, Papad, , Butterscotch Pastry	Warm Milk
22/09/2025 Monday	Banana Cake	Warm / Cold Milk , Corn Flakes , Bread Pakora , Sauce, Green Chutney , Tea	Jowar Chaat , Squash	Dal Malka Masoor, Nutri Matar Masala, Rice, , Multigrain Chapati, Kheera Raita Mix Salad	Fruit	Dal Begumi, Karela Do Pyaza , Rice , Multigrain Chapati Sewian Kheer	Warm Milk
23/09/2025 Tuesday	Fruit	Warm / Cold Milk , Porridge , Cutlets, Toasted Bread , Butter, Jam , Cheese Spread , Tomato Sauce ,Tea	Muffin , Cold Coffee	Kadi Pakoda, Aloo Anardana, ,Rice, Multigrain Chapati, Onion Salad , Papad	Fruit	Dal Yellow Tadka ,Veg Kofta Curry, Rice , Multigrain Chapati. ,Sweet Boondi	Warm Milk
24/09/2025 Wednesday	Fruit	Warm / Cold Milk , Cornflakes , Moong Dal Chilla , Veg Masala, ` Chutney , Sauce , Tea	Corn Chaat , Lemon Squash	Dal Masoor Sabut, Lauki Tamatar , Mix Raita, Multigrain Chapati, Rice, Mix Salad	Fruit	Dal Langarwali , Palak Paneer Rice , Multigrain Chapati , Ice Cream Cup	Warm Milk
25/09/2025 Thursday	Sweet Bun	Warm/ Cold Milk, Fruit Loops, Veg. Pasta, Toasted Bread , Butter, Jam Cheese Spread ,Tomato Sauce ,Tea	Samosa , Tea	Dal Bukhara, Mangori Matar , Rice, Boondi Raita, Multigrain Chapati, , Mix Salad	Fruit	Dal Masoor Sabut Navratan Korma,Rice , Multigrain Chapati , Rasgulla	Warm Milk
26/09/2025 Friday	Fruit	Warm / Cold Milk ,Chocos, Idli , Sambhar ,Nariyal Chutney, Tomato Sauce , Tea	Dry Chiwra/ Squash	Rajmah Rasilli, , Torai Masala, Rice, Plain Curd, Multigrain Chapati, Rice, Mix Salad	Fruit	Three Bean Salad, Veg. Cutlet, Baked Spinach Corn, Tomato Sauce, Bun, Butter, Tomato Garlic Dip, Fruit Custard (Veg Khichdi And Plain Curd	Warm Milk
27/09/2025 Saturday	Banana Cake	Warm / Cold Milk , Cornflakes , Kachori Bhaji , imli chutney, Pickle, Tea	Veg Patties, Tea	Dal Arhar , Cabbage Matarl , Rice, Multigrain Chapati, Plain Curd, Mix Salad	Popcorn, Squash	Dal Begumi , Baingan Bharta , Ajwaini Paratha , Rice , Red Velvet Pastry	Warm Coffee
28/09/2025 Sunday		Aloo Parantha ,Plain Curd ,Butter , Pickle , Tea		Choley Amritsari,,Rice,Tandoori Breads, Dahi Pakori, Imli Chutney, Onion Laccha, Fried Chili	Tuck	Red Sauce Pasta, Garlic Toast, Tomato Suce, Sandwich Ice Cream	Warm Milk
29/09/2025 Monday	Fruit	Warm / Cold Milk ,Chocos, Veg Poha , Lemon Wedge , Sauce Toasted Bread , Butter, Jam Cheese Spread ,Tomato Sauce	Coleslaw Sandwich, Cold Coffee	Dal Masoor Sabut, Arvi Masala, , Cucumber Raita, Multigrain Chapati, Rice, Mix Salad	Fruit	Dal Panchmel ,Paneer Chettinad, Rice , Multigrain Chapati Rasgulla	Warm Milk
30/9/2025 Tuesday		Warm / Cold Milk , Fruit Loops Utthapam, Sambar , Nariyal Chutney , Tea	Bread Pohat / Squash	Kadi Pakoda, Aloo Chat Patae, Rice,Multigrain Chapati,Papad, Pickle, Onion Salad	Fruit	Dal Dhaba, Lauki Kofta Curry, Rice , Multigrain Chapati, Sweet Boondi	Warm Milk

Sr. Mess Manager

RMO

Administrator

Principal