



Dining Hall Menu 1st Oct to 15 th Oct 2025

Date/ Day	Mornin g Tea	Mor. Refre sh	Breakfast	Morning Ref	Lunch	Evening Ref.	Dinner	Night Milk
Wednesday 1/10/2025	Tea Biscuit	Fruit	Warm / Cold Milk,Suji Porridge, Sewian Upma, Nariyal Chutney, Toasted Bread, Butter , Jam , Cheese Spread , Tomato Sauce , Tea	Muffin Cold Coffee	Dal Panchmela, Kadhai Paneer ,Rice, Chapati, Boondi raita, Mix Salad ,	Fruit	Dal Yellow Tadka, Gatta Tamatari, Rice , Multi Grain Chapati, Sewian Kheer	Warm Milk
Thursday 2/10/2025	Tea Biscuit	Banana, Milk / Staff – Tea / biscuits	Warm / Cold Milk, Chocoflakes, Poori , Aloo Sabzi, Suji Halwa , Pickle, Tea		Dal Makhani , Lauki Tamatar, rice, Multi Grain Chapati, Mix Veg Raita, Mix Salad	Pizza Roll/ Squash (Staff – Mix Pakora/ Nariyal barfi, Tea)	Dal Beguni, Paneer Kalimirch , Rice, Tomato Chilli Chutney, Asst Tandoori breads, Rasgulla	Warm Milk
Friday 3/10/2025	Tea Biscuit	Shakarpara	Warm / Cold Milk,Cornflakes, Cucumber Tomato Paneer Sandwich, Buttered Corn, , Tomato Sauce, Tea	Sprouts, Squash	Dal Mix Tadka,Cabbage poriyal ,Rice, Multigrain Chapati, Ghiya Raita , Mix Salad ,	Fruit	Onion, Three Bean Salad, Tomato Garlic Dip, Veg Cutlets, French Fries , Buns, Butter , Tiramisu Pastry. Veg. Khichdi, Plain Curd	Warm Milk
Saturday 4/10/2025	Tea Biscuit	Fruit	Warm /Cold Milk , Chocoflakes ,Vada , Sambhar , Nariyal Chutney, Tea	Bread Poha, Tea	Dal Masoor Sabut, Mix Veg Dry, Rice, Kheera Tomato Raita,Multigrain Chapati, Mix Salad	Manchurian Hotdog/ Thandai	Dal Moong Palak , Karela Do Pyaza, Rice , Tava Chapati, Vanilla icecream cup	Cold Coffee
Sunday 5/10/2025			Aloo Parantha ,Plain Curd , Butter , Pickle , Tea		Kala Chana Tariwala , Nutri Rice, Boondi Raita , Onion Laccha, fried chilli	Tuck	Veg Khicdi, Plain Curd, Pickle, Papad, Gulab Jamun	Warm Milk
Monday 6/10/2025	Tea Biscuit	Fruit	Warm / Cold Milk, Cornflakes, Dal Patties, Bhaji, Ketchup , Tea	Masala Idli Chaanch	Rajma Masala, Khatta Meetha , Petha,Rice,Multigrain Chapati , Plain Curd, Salad	Fruit	Dal Masoor Sabut Bhindi do Pyaza , , Rice , Multi Grain Chapati, Bombay Toast With Rabri	Warm Milk
Tuesday 7/10/2025	Tea Biscuit	Fruit	Warm / Cold Milk, Masala Oats , Veg. Pasta , Toasted, Bread, Butter, Jam, Cheese Spread,Tomato Sauce ,Tea	Bhelpuri / Roohafza	Kadi Pakoda, Aloo Anardana ,Rice, Multigrain Chapati, Onion Salad , Papad	Fruit	Dal Langarwali , Gobhi Matar Adraki, Rice , Multi Grain Chapati, Sweet Boondi	Warm Milk
Wednesday 8/10/2025	Tea Biscuit	Banana cake	Warm / Cold Milk, Porridge Veg. Cutlet , Toasted Bread, Butter , Jam , Cheese Spread , Tomato Sauce , Tea,	Paneer Roll , Orange Squash	Dal Falaknuma, Arvi Masala, Rice, Multi Grain Chapati,Boondi Raita , Mix Salad	Fruit	Dal Beguni, Paneer Chettinad, Rice , Multi Grain Chapatti, Sevian Kheer	Warm Milk
Thursday 9/10/2025	Tea Biscuit	Fruit	Warm / Cold Milk, Corn Flakes , Dal Kachori, Aloo Bhaji, Imli chutney Tomato Sauce,, Tea	Chiwra fry, Squash	Choley Kabuli, Lauki Adraki, Dry , Rice , Multigrain Chapati, Plain Curd, Mix Salad	Fruit	Dal Punjabi Tadka, Methi Matar malai, Rice , Multi Grain Chapatti, Ice Cream	Warm Milk
Friday 10/10/2025	Tea Biscuit	muffin	Warm / Cold Milk, Fruit loops, Veg Poha with Bhujija, , lemon wedge Toasted Bread, Butter , Jam , Cheese Spread , Tomato Sauce , Tea,	Calzone, Cold Coffee	Dal Arhar , Paneer Butter Masala , Rice , Multi Grain Chapati, Tomato Kheera Raita , Mixed Salad	Fruit	Veg ,Noodles Veg.Fried Rice , Chilly Paneer, Veg.Manchurian, Sweet Bun, Truffle Pastry (Veg Khicdi, Plain Curd, Pickle)	Warm Milk
Saturday 11/10/2025	Tea Biscuit	Fruit	Warm/Cold Milk, Chocoflakes , Suji Upma, Sambhar, Nariyal Chutney, Tea	Mix Pakora, Tea	Dal Tadka, , Sookhe Kale Chana, Rice, Boondi raita, multigrain Chapati, Mix Salad	Gol Gappe	Dal Dhaba, Palak Kofta, Rice Multigrain , Chapati,, Rasogulla	Warm Coffee
Sunday 12/10/2025			Aloo Parantha , Plain Curd , Butter , Pickle , Tea		Dal Makhani , Zeera Rice,Mix veg Raita, , Stuff Nan, Onion Salad, Pickle, Fried Chilli	Tuck	Red Sauce(penne) Pasta, Garlic Toast , Tomato Sauce, Icecream	Warm Milk
Monday 13/10/2025	Tea Biscuit	Sweet Faine	Warm / Cold Milk, Choco flakes, Baked Beans, Jacket potatoes, Tartare sauce,Bread Toast, Butter, Jam , Tomato Sauce, Tea	Peanut Butter Jam sandwich, Cold Coffee	Dal Bukhara, Dry Aloo Shimla Mirch, Rice, Cucumber Raita, Multi Grain Chapati	Fruit	Dal Panchmela, Subz Bahar, Rice, Multiigrain Chapati, Rice Kheer	Warm Milk
Tuesday 14/10/2025	Tea Biscuit	Fruit	Warm / Cold Milk , Fruit loops, Onion Potato sandwich, Buttered Corn, Tomato Sauce , Tea	Choco Mac Roll/ Thandai	Kadi Pakoda, Aloo Chatpata ,Rice, Chapati, Onion Salad , Papad	Fruit	Dal Moong Palak ,Baigan Bharta ,Rice,Chapati, Ada Pastry	Warm Milk
Wednesday 15/10/2025			Warm / Cold Milk Cornflakes , Veg Pasta, Toasted Bread , Jam , Cheese Spread , Butter,Tomato Sauce , Tea	Fruit	Dal Yellow, Paneer Hyderabad,Rice, Multi Grain Chapatti, Boondi Raita, Mix Salad	Aloo Bonda/ Chutney , Tea	Dal Mughlai, Paneer bhujija, Rice,, Multi grain chapati, Ice Cream	Warm Milk

Sr. Mess Manager

RMO

Administrator

Principal